

| Plass | Løper | # Totalt | Løp 1 | Løp 2 | Løp 3 |
|---------------------------|-----------------------------------|----------|---------|---------|---------|
| G 11 år - 2 km fri | | | | | |
| 1 | Vetle Mathiesen Knutsen, | 24:19 | 05:30-2 | 09:18-1 | 09:31-1 |
| 2 | Sondre Jensen Hegreberg, | 24:40 | 05:23-1 | 09:42-2 | 09:35-2 |
| 3 | William Ramslund, Narvik SK | 25:45 | 05:38-3 | 10:11-3 | 09:56-3 |
| 4 | Benjamin August Viken, Tverlandet | 27:53 | 06:18-4 | 11:19-5 | 10:16-4 |
| 5 | Niklas Opdalshei Baumann, | 28:46 | 06:31-5 | 10:54-4 | 11:21-5 |

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|---------------------------|--------------------------------------|-------|----------|----------|----------|
| G 12 år - 2 km fri | | | | | |
| 1 | Birk Fjellheim, Bossmo og Ytteren IL | 21:36 | 05:01-3 | 08:13-1 | 08:22-1 |
| 2 | Petter Elias Svaleng Jakobsen, | 21:59 | 05:00-2 | 08:33-3 | 08:26-2 |
| 3 | Johannes Øvereng, Mosjøen IL | 22:15 | 04:57-1 | 08:13-1 | 09:05-6 |
| 4 | Noah Kolåsæter, Bossmo og | 22:50 | 05:08-5 | 08:33-3 | 09:09-7 |
| 5 | Asbjørn Megård Olsen, Fauske IL | 23:04 | 05:17-7 | 08:53-5 | 08:54-3 |
| 6 | Armand Aune, Innstrandens IL | 23:23 | 05:21-9 | 09:08-6 | 08:54-4 |
| 7 | William Endresen, Mosjøen IL | 23:31 | 05:05-4 | 09:23-9 | 09:03-5 |
| 8 | Chris Aleksander Støvset, | 23:51 | 05:09-6 | 09:19-7 | 09:23-9 |
| 9 | Håvard Aarthun, Åga IL | 23:53 | 05:19-8 | 09:24-10 | 09:10-8 |
| 10 | Sondre Solbakken, Innstrandens IL | 24:07 | 05:21-10 | 09:21-8 | 09:25-10 |
| 11 | Eirik Irgum, Bossmo og Ytteren IL | 25:09 | 05:25-11 | 09:56-11 | 09:48-12 |
| 12 | Sivert Renè Rikardsen, Tverlandet | 25:15 | 05:31-12 | 10:00-12 | 09:44-11 |
| 13 | Andreas Richard Blix, | 26:29 | 05:57-14 | 10:05-13 | 10:27-13 |
| 14 | Øyvind Olsen, Innstrandens IL | 27:08 | 05:46-13 | 10:32-14 | 10:50-15 |
| 15 | Eirik Fjelddahl Hagen, Bossmo og | 27:41 | 06:10-15 | 10:51-15 | 10:40-14 |
| 16 | Mikael Andre Jensen, Siso, IL | 29:17 | 06:46-18 | 11:04-16 | 11:27-16 |
| 17 | Leander Fredheim, Fauske IL Ski | 29:24 | 06:14-16 | 11:16-17 | 11:54-17 |
| 18 | Sigurd Theodor Thorstensen, | 31:26 | 06:51-19 | 12:08-18 | 12:27-18 |
| 19 | Henrik Almendingen, Tverlandet IL | 06:17 | 06:17-17 | DNS | DNS |

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|-----------------------------|------------------------------------|-------|---------|---------|---------|
| G 13 år - 2,5 km fri | | | | | |
| 1 | Mats Murbræch, Innstrandens IL | 31:09 | 06:10-1 | 11:04-1 | 13:55-1 |
| 2 | Morten Hjørnerød, Mosjøen IL | 32:27 | 06:18-2 | 11:49-2 | 14:20-3 |
| 3 | Alexander Gløsen, Drevja IL | 33:07 | 06:41-3 | 12:19-4 | 14:07-2 |
| 4 | Kristoffer Grønvik, Mosjøen IL | 34:30 | 06:45-4 | 12:18-3 | 15:27-4 |
| 5 | Jørgen Leivseth, Innstrandens IL | 35:34 | 07:11-6 | 12:40-6 | 15:43-5 |
| 6 | Trym Henriksbø Gjerstad, Drevja IL | 36:20 | 07:08-5 | 12:36-5 | 16:36-6 |
| 7 | Kristoffer Johansen, Innstrandens | 21:09 | 07:16-7 | 13:53-7 | DNS |
| | Isak S Eriksen, Rognan IL | 00:00 | DNS | DNS | DNS |

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|-----------------------------|------------------------------------|-------|---------|---------|---------|
| G 14 år - 2,5 km fri | | | | | |
| 1 | Kristoffer Hagenes, Valnesfjord IL | 30:41 | 06:08-1 | 10:58-1 | 13:35-1 |
| 2 | Håkon Romstad Jacobsen, Drevja | 32:15 | 06:25-2 | 11:12-2 | 14:38-2 |
| 3 | Sander Hagfors Haustreis, | 34:07 | 06:39-3 | 11:51-3 | 15:37-3 |
| 4 | Lasse Berg, Misvær IL | 42:08 | 08:12-5 | 15:11-4 | 18:45-4 |
| 5 | Petter Tangstad Nordtug, | 06:39 | 06:39-4 | DNS | DNS |

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|---------------------------|----------------------------------|-------|---------|---------|---------|
| G 15 år - 5 km fri | | | | | |
| 1 | Nikolai Solem Eiterjord, | 48:40 | 06:52-1 | 18:41-1 | 23:07-1 |
| 2 | Henrik Blix, Innstrandens IL | 54:21 | 07:30-2 | 20:31-4 | 26:20-2 |
| 3 | Johan Mannvik Holm, Innstrandens | 54:53 | 07:33-3 | 20:22-3 | 26:58-3 |
| 4 | Oskar Bakke, Innstrandens IL | 56:37 | 08:01-5 | 20:58-5 | 27:38-4 |

| Plass | Løper | Totalt | Løp 1 | Løp 2 | Løp 3 |
|-------|----------------------------------|---------|---------|---------|---------|
| 5 | Elias Mathiesen Knutsen, | 58:52 | 08:04-6 | 21:02-6 | 29:46-6 |
| 6 | Trygve Bø Kongsbakk, | 1:00:19 | 08:31-9 | 22:24-8 | 29:24-5 |
| 7 | Henrik Paulsen, Innstrandens IL | 1:03:12 | 08:18-7 | 22:23-7 | 32:31-8 |
| 8 | Ole Marius Storli, Fauske IL Ski | 1:04:56 | 08:21-8 | 25:56-9 | 30:39-7 |
| 9 | Tobias Larsen, Splint, IL | 27:31 | 07:34-4 | 19:57-2 | DNS |
| | Joakim Hopen Kristiansen, | 00:00 | DNS | DNS | |

G 16 år - 5 km fri

| 1 | Sigurd Aarthun, Åga IL | 50:08 | 06:49-1 | 19:28-3 | 23:51-1 |
|---|-----------------------------------|-------|---------|---------|---------|
| 2 | Marcus Hagenes, Valnesfjord IL | 51:09 | 07:11-2 | 18:25-1 | 25:33-3 |
| 3 | Henrik Nyvold, Innstrandens IL | 51:42 | 07:20-4 | 18:54-2 | 25:28-2 |
| 4 | Torbjørn Hemminghytt, Nordfjorden | 53:19 | 07:13-3 | 19:30-4 | 26:36-4 |
| 5 | Tobias Opdalshei Baumann, | 57:43 | 07:51-5 | 21:20-5 | 28:32-5 |

M 17 år - 5 km fri

| 1 | Vebjørn Moen, Tverlandet IL | 1:04:41 | 06:41-1 | 35:51-1 | 22:09-1 |
|---|----------------------------------|---------|---------|---------|---------|
| 2 | Adrian Sandnes Lillevoll, | 1:07:56 | 06:57-2 | 37:40-2 | 23:19-2 |
| 3 | Øyvind Nystadbakk, Fauske IL Ski | 1:15:46 | 07:35-3 | 40:39-3 | 27:32-3 |
| 4 | Kristoffer Olsen, Malm IL | 1:49:55 | 11:42-4 | 57:34-4 | 40:39-4 |

M 18 år - 5 km fri

| 1 | Sander Murbræch, Innstrandens IL | 1:07:50 | 06:38-1 | 37:39-1 | 23:33-2 |
|---|-----------------------------------|---------|---------|---------|---------|
| 2 | Brian Holmstrøm, Fauske IL Ski | 1:09:29 | 07:02-3 | 39:17-3 | 23:10-1 |
| 3 | Sebastian Loraas, Valnesfjord IL | 1:13:11 | 06:49-2 | 39:13-2 | 27:09-3 |
| 4 | Kristoffer Utsi Johnsen, Stil, IL | 1:21:04 | 08:10-5 | 44:43-5 | 28:11-4 |
| 5 | Magnus Sandnes, Splint, IL | 47:36 | 07:05-4 | 40:31-4 | DNS |

M 19/20 år - 5 km fri

| 1 | Joakim Vangen Thomassen, | 58:25 | | 35:50-1 | 22:35-1 |
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Menn senior - 5 km fri

| 1 | Vidar Vallvik, Siso, IL | 38:50 | | 38:50-1 | DNS |
|---|-------------------------|-------|--|---------|-----|

J 11 år - 2 km fri

| 1 | Maria Hopen Kristiansen, | 24:53 | 05:28-1 | 09:47-1 | 09:38-1 |
|----|--------------------------------------|-------|----------|----------|----------|
| 2 | Maria Krane, Åga IL | 25:36 | 05:33-2 | 10:08-2 | 09:55-2 |
| 3 | Tilde Johnsen, Fauske IL Ski | 27:49 | 06:11-8 | 10:35-3 | 11:03-6 |
| 4 | Lena Elveos Kjelstrup, | 28:12 | 06:06-5 | 11:08-7 | 10:58-4 |
| 5 | Nora Olsen, Siso, IL | 28:24 | 06:08-6 | 10:55-5 | 11:21-7 |
| 6 | Emilie Strøm, Tverlandet IL | 28:32 | 06:02-4 | 10:55-5 | 11:35-9 |
| 7 | Ida-Therese Hagen, Bossmo og | 28:34 | 06:24-9 | 10:43-4 | 11:27-8 |
| 8 | Ida Rypeng, Tverlandet IL | 28:47 | 06:11-7 | 11:41-9 | 10:55-3 |
| 9 | Lisa Otterlei Sande, Innstrandens IL | 29:14 | 06:32-10 | 11:42-10 | 11:00-5 |
| 10 | Thea Madelen Myhre, Heimhug | 31:11 | 06:51-11 | 11:52-11 | 12:28-10 |
| 11 | Emma E Husdal, Innstrandens IL | 32:11 | 07:33-16 | 11:29-8 | 13:09-11 |
| 12 | Ida Marie Jensen, Innstrandens IL | 32:35 | 06:53-12 | 12:29-14 | 13:13-12 |
| 13 | Julie Pedersen Eben, Innstrandens | 33:12 | 07:07-13 | 12:27-12 | 13:38-13 |
| 14 | Susann Olsen Dahlskjær, Siso, IL | 34:02 | 07:25-15 | 12:27-12 | 14:10-15 |
| 15 | Hanna Vikdal Olsen, Innstrandens | 35:02 | 07:19-14 | 13:56-15 | 13:47-14 |
| 16 | Kristine Johansen, Innstrandens IL | 22:25 | 07:51-17 | 14:34-16 | DNS |
| 17 | Marte Alstad-Larsen, Fauske IL Ski | 05:56 | 05:56-3 | DNS | DNS |
| | Pernille Kristensen, Rognan IL | 00:00 | DNS | DNS | DNS |

| Plass | Løper | Totalt | Løp 1 | Løp 2 | Løp 3 |
|--------------------------------|--------------------------------------|--------|----------|---------|---------|
| J 12 år - 2 km fri | | | | | |
| 1 | Marie Risvoll Amundsen, Fauske IL | 21:37 | 04:57-1 | 08:35-1 | 08:05-1 |
| 2 | Eline Bentsen, Vinger IL | 24:13 | 05:12-2 | 09:42-3 | 09:19-2 |
| 3 | Pernille Grovassbakk, Siso, IL | 24:30 | 05:18-3 | 09:19-2 | 09:53-3 |
| 4 | Johanna Lovise Hunstad, | 26:34 | 06:16-6 | 09:58-4 | 10:20-4 |
| 5 | Ingvild W. Valvik, Siso, IL | 26:57 | 05:46-4 | 10:06-5 | 11:05-6 |
| 6 | Sara Aminda Iversen Hellesvik, | 27:07 | 05:54-5 | 10:29-6 | 10:44-5 |
| 7 | Nora Kristiansen, Innstrandens IL | 28:51 | 06:23-7 | 11:09-8 | 11:19-7 |
| 8 | Victoria Berg Myhre, Siso, IL | 29:57 | 06:45-9 | 11:09-8 | 12:03-8 |
| 9 | Inga-Sofie Strøm, Heimhug IL/UL | 17:24 | 06:27-8 | 10:57-7 | DNS |
| 10 | Mathilde Aasen, Fauske IL Ski | 21:16 | 07:34-10 | DNS | 13:42-9 |
| J 13 år - 2,5 km fri | | | | | |
| 1 | Anette Stien Schreiner, Bossmo og | 36:02 | 07:08-2 | 12:49-2 | 16:05-1 |
| 2 | Maja Solbakken, Innstrandens IL | 37:25 | 07:03-1 | 12:29-1 | 17:53-3 |
| 3 | Oda Øhrbom, Åga IL | 38:55 | 07:57-5 | 13:05-3 | 17:53-3 |
| 4 | Shanett Olsen Dahlskjær, Siso, IL | 39:08 | 07:43-3 | 13:51-6 | 17:34-2 |
| 5 | Marion Eline Mordal, Fauske IL Ski | 40:46 | 08:09-6 | 13:49-5 | 18:48-5 |
| 6 | Hedda Olsen, Siso, IL | 40:51 | 07:45-4 | 14:14-7 | 18:52-6 |
| 7 | Thea-Malene Hagen, Bossmo og | 48:34 | 08:17-7 | 13:42-4 | 26:35-7 |
| J 14 år - 2,5 km fri | | | | | |
| | Oda Arntsen, Innstrandens IL | 00:00 | DNS | DNS | DNS |
| J 15 år - 3,5 km fri | | | | | |
| 1 | Benedicte Stien Schreiner, | 44:47 | 07:10-1 | 20:16-1 | 17:21-1 |
| J 16 år - 3,5 km fri | | | | | |
| 1 | Andrea Karoline Holmstrøm, | 53:47 | 08:17-1 | 23:20-1 | 22:10-1 |
| 2 | Maja Alstad-Larsen, Fauske IL Ski | 37:34 | 09:14-2 | 28:20-2 | DNS |
| K 17 år - 3,5 km fri | | | | | |
| 1 | Lone Aune, Innstrandens IL | 53:41 | 07:58-1 | 25:48-1 | 19:55-1 |
| K 18 år - 3,5 km fri | | | | | |
| 1 | Hennie Barstrand Stornes, Fauske | 52:20 | 07:28-1 | 25:22-1 | 19:30-1 |
| 2 | Emilie Helskog, Fauske IL Ski | 54:38 | 07:57-2 | 26:15-2 | 20:26-2 |
| 3 | Inga Haukland Eide, Innstrandens IL | 08:26 | 08:26-3 | DNS | DNS |
| K 19/20 år - 3,5 km fri | | | | | |
| 1 | Ingrid Mathisen, Fauske IL Ski | 46:26 | 07:16-1 | 22:34-1 | 16:36-1 |
| 2 | Amalie Kristin Kvandal, Leirfjord IL | 55:31 | 09:02-2 | 27:34-2 | 18:55-2 |